MOVIPREP INSTRUCTIONS

You should arrive for your procedure(s) at:

DATE: _____________________
TIME: _______________ Check-in

Your procedure has been scheduled with:  Dr. Son Do  Dr. Samuel Sim  Dr. Charles Hames

Your procedure has been scheduled at:

☐ Advanced Gastroenterology, PLLC
2415 NE 134th Street, Suite 205
Vancouver, WA 98686
360-576-5060

☐ Legacy Salmon Creek Hospital
Special Procedures/Surgery-2nd Floor
2211 NE 139th Street
Vancouver, WA 98686
360-487-1830

☐ PeaceHealth SW Medical Center
Short Stay Unit
400 NE Mother Joseph Place
2nd floor, 5th Street Entrance
Vancouver, WA 98664
360-514-2895

DAY BEFORE COLONOSCOPY: __________/__________

1. ONLY CLEAR LIQUIDS may be taken the day before your exam:
   • You may have sport drinks, clear juices, soup broth, jello, or popsicles.
   • Coffee is okay with NO cream
   • DO NOT drink milk or alcoholic beverages
   • NO RED OR PURPLE LIQUIDS

2. Empty 1-Pouch A and 1-Pouch B into the container. Add lukewarm water to the top line, mix to dissolve, then refrigerate.

3. At 7 PM on the evening before procedure begin drinking Moviprep. The Moviprep container is divided by 4 marks. Every 15 minutes drink the solution down to the next mark until completely gone. Follow up with 16oz of a clear liquid.

4. Before bed, mix the remaining Pouch A and Pouch B into the disposable container. Add water to the top line, mix to dissolve, then refrigerate.

MORNING OF COLONOSCOPY: __________/__________

1. At ________ AM, drink the rest of the Moviprep. Every 10-15 minutes, drink the solution down to the next mark, until completely gone. Follow up with 16oz of a clear liquid.

2. At ________ AM you CANNOT have anything else to drink, NOT EVEN WATER.
IMPORTANT Concern for your safety makes us insist you have someone to drive you home. If you have not arranged for a driver, the procedure will be postponed. Your driver will need to come into the Endoscopy Center to pick you up. Taxi or C-Van is not allowed unless you are escorted by a friend or family member. You will not be allowed to drive for 24 hours.

Allowed Medications:
Medications you take for the following conditions should be continued as usual on the day of the procedure. These should be taken with a small amount of water, 4 hours before your arrival time.

- Heart Problems
- High blood pressure
- Fluid retention
- Female hormones
- Thyroid disorder
- Depression or anxiety
- Asthma/emphysema
- Stomach ulcer or excess acid
- Seizure disorder

NOT Allowed Medications:
- Plavix
- Iron Supplements – Stop 5 days prior to your procedure

Special Instructions for Coumadin/Diabetic Medications:

☐ Coumadin/Plavix:
Your last dose should be taken on _____________.
At the time of your procedure, your doctor will tell you when to restart the Coumadin/Plavix.

☐ Diabetic Pills:
Do not take your diabetes pills the day of your procedure. You can take ½ the dose of your diabetes pills the day before the procedure.

☐ Insulin:
On the day before your test: Take your regular dose in the morning. That night, take ½ your regular dose.

On the day of your test: Do not take any insulin. Make sure to take your blood sugar that morning and report it to the nursing staff as they prepare you for your procedure.