EGD INSTRUCTIONS

You should arrive for your procedure(s) at: DATE: ______________________
TIME: ______________________

Your procedure has been scheduled with: □ Dr. Son Do □ Dr. Samuel Sim

Your procedure has been scheduled at:

□ Advanced Gastroenterology, PLLC
2415 NE 134th Street, Suite 205
Vancouver, WA 98686
360-576-5060

□ Legacy Salmon Creek Hospital
Special Procedures/Surgery-2nd Floor
2211 NE 139th Street
Vancouver, WA 98686
360-487-1830

□ Southwest Washington Medical Center
Short Stay Unit
400 NE Mother Joseph Place
2nd floor, 5th Street Entrance
Vancouver, WA 98664
360-514-2895

DAY BEFORE EGD: ____________/___________

1. Eat normally until MIDNIGHT.

2. At MIDNIGHT, **do not** have anything else to eat. You can only have **clear liquids**.
   • Coffee is okay with NO cream
   • DO NOT drink milk
   • DO NOT eat or drink anything red or purple
   • DO NOT drink alcoholic beverages

MORNING OF EGD: ____________/___________

1. At ______ AM/PM **stop** all liquids. You cannot have anything else to drink.
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IMPORTANT Concern for your safety makes us insist you have someone to drive you home. **If you have not arranged for a driver, the procedure will be postponed.** Your driver will need to come into the Endoscopy Center to pick you up. **Taxi or C-Van is not allowed unless you are escorted by a friend or family member.** You will not be allowed to drive for 24 hours.

**Allowed Medications:**
Medications you take for the following conditions should be continued as usual on the day of the procedure. These should be taken with a small amount of water, **4 hours before your arrival time.**

- Heart Problems
- High blood pressure
- Fluid retention
- Female hormones
- Thyroid disorder
- Depression or anxiety
- Asthma/emphysema
- Stomach ulcer or excess acid
- Seizure disorder

**NOT Allowed Medications:**
- Plavix
- Iron Supplements – Stop 5 days prior to your procedure

**Special Instructions for Coumadin/Diabetic Medications:**

- **Coumadin/Plavix:**
  Your last dose should be taken on _________________.
  At the time of your procedure, your doctor will tell you when to restart the Coumadin/Plavix.

- **Diabetic Pills:**
  Do not take your diabetes pills the day of your procedure. You can take _ the dose of your diabetes pills the day before the procedure.

- **Insulin:**
  On the day before your test: Take your regular dose in the morning.
  That night, take _ your regular dose.

  On the day of your test: **Do not take any insulin. Make sure to take your blood sugar that morning and report it to the nursing staff as they prepare you for your procedure.**